

EFBA-P NEWSLETTER

News from the European Bioenergetic Community

European Bioenergetic Analysis Open Days




Palma de Mallorca, Spain | May 22–24, 2026

[REGISTER NOW](#)

IIBA BOARD OF TRUSTEES

We are proud to highlight that members from our national societies (federated within EFBA-P) in Italy, the Basque Country, and Poland will represent European Bioenergetics on the IIBA Board of Trustees, strengthening the global strategic direction of our field.

European Representatives to the BoT:

-  Alessandro Cataldi
-  Amaia Alejos Martín
-  Magda Malkiewicz

SOCIETY UPDATES

 **France (CFAB): 15th Anniversary and Expansion**

The Collège Français d'Analyse Bioénergétique (CFAB) is celebrating 15 years of existence.

- **Training:** Training groups are active both in metropolitan France and on Réunion Island in the Indian Ocean.
- **New Strategy:** The association is implementing a new social media communication strategy to spread knowledge about Bioenergetic Analysis throughout France.

Italy (SIAB): Clinical Growth and Expert Webinars

The Italian society (SIAB) continues its intensive development of staff and therapeutic offerings:

- **New Professionals:** Welcomed 11 new CBTs, 4 Supervisors, and 3 Local Trainers.
- **Social Initiatives:** The SIAB Clinical Center signed an agreement with the State Railways (Ferrovie Dello Stato) to offer employees free psychotherapy sessions.
- **Publications:** An article on the bioenergetic approach to trauma therapy was published in the prestigious "Brain Sciences" journal.

Poland (PSAB): New Standards and International Success

The Polish Association for Bioenergetic Analysis (PSAB) took a milestone step by adapting its certification process (CBT) to meet national legal requirements.

- **Educational Success:** 31 graduates completed their 4-year training in Warsaw and Poznań.
- **Representation:** Magdalena Małkiewicz, President of PSAB, was elected to the IIBA Board of Trustees as a representative for Europe.
- **Science:** A Scientific and Research Committee was established to translate literature and support research in bioenergetic analysis.

Portugal (APAB): Building Community

- **Portugal:** APAB organized a series of educational webinars titled "What is Bioenergetic Analysis?" and actively cooperates with the Portuguese Psychology Council.

Spain (AABM & EHABE): Building Community

- **Madrid (AABM):** The association in Madrid successfully runs a cycle of online workshops (covering topics like working with fear and the Hakomi method), helping to overcome the isolation often felt in the therapeutic profession.
- **Basque Country (EHABE):** A new training group for supervisors has been organized in Donostia-San Sebastián. The program is led by international IIBA trainers Vita Heinrich-Clauer and Margit Koemeda, focusing on professional growth and international collaboration.

Norway: A New Member in the EFBA-P Family

We are delighted to announce that a new association from Norway has joined our federation – NIBI (Norsk Institutt for Bioenergetikk). NIBI is a vibrant institute focused on integrating body and mind through Bioenergetic Analysis, offering courses and training based on the tradition of Alexander Lowen. Welcome aboard!

Read the full detailed reports at:

www.efbap.com/newsletter